

For more information

Heska Amuna Synagogue

<http://www.heskaamuna.org/>
<http://www.heskaamuna.org/shabbatguide.html>

Synagogue Melodies

<http://www.heskaamuna.org/audio.html>

Siddur Eit Ratzon

<http://newsiddur.org/>

Judaism 101

<http://www.jewfaq.org/index.shtml>

Please feel free to take this copy with you.



Heska Amuna Synagogue

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**A Visitor's Guide
Shabbat Morning Service
Heska Amuna Synagogue**

Heska Amuna Synagogue
a sacred home, animated by Jewish tradition

- Finding purpose through reflection
(*Cheshbon HaNefesh*)
- Healing lives through service
(*Chesed*)
- Celebrating God with awe and joy
(*Yirat Shamayim*)

Welcome to Heska Amuna Synagogue

Heska Amuna uses *Siddur Eit Ratzon*
(The Right Time for Prayer)
for our Shabbat morning service.

It has a four column layout:
transliteration, Hebrew text, translation, commentary.

This is a brief summary of our service.

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**Following services, we invite our visitors to join us for
conversation and light meal after we recite**

Kiddush (blessing over wine – sanctification of the Sabbath)
and **motzi** (blessing over bread) in the **Rosen Social Hall.**

Glossary

kippah (Heb.), *yarmulke* (Yid.) skullcap
worn by all men (Jewish or not)

tallit – prayer shawl
worn by Jewish men and some women

siddur – the prayer book

Birchot Hashachar – the morning blessings, recited before
the start of *shacharit*

P'sukei d'Zimra (lit. verses of song) – a group of prayers
recited before the start of *shacharit*

Shacharit – the morning service

Sh'ma – a basic Jewish prayer

Amidah – standing prayer, the central prayer of every service

Chumash – the book containing the *Torah* (first five books of
the Bible) and *Haftarah* (section from the Prophets)

Mi shebeirach (lit. may the one who blessed) – the blessing
for the sick

Musaf – the additional service appended to the morning
service on Shabbat and holidays

Kaddish (Aramaic, lit. holy) – a prayer for sanctifying God's
name

Yahrzeit (lit. time of [one] year) – the anniversary of a
person's death

Shabbat shalom (lit. peaceful Sabbath) or *Gut Shabbos*
(Yiddish), traditional Hebrew Sabbath greeting

For additional explanations and more detail:
<http://www.heskaamuna.org/shabbatguide.html>